

# Individual Skill Sets

## Level II Skills • CPT Team Entry Point • PREPAREDNESS TEAM

1. Store food to extend its shelf-life (canning, smoking, salting, fermenting, dehydrating)
2. Cook a meal from scratch with basic stored foods
3. Cook over an ad-hoc stove or open fire
4. Identify and acquire wild edibles in your area
5. Butcher wild game
6. Fish (trotline, rod/reel, bait, net, trap, spear)
7. Purify water
8. Create a physical preparedness plan for a family
9. Create a get-home plan for a family
10. Create an emergency plan for a family (includes communication plan)
11. Create a bug-out plan for a family
12. Create a bug-out bag
13. Conserve financial resources, and prepare financial reserves
14. Garden
15. Horsemanship
16. Raise animals for food
17. Construct simple renewable power generators
18. Understand and apply the principles of self-sufficiency
19. Make wine/beer/mead
20. Teach others the preparedness skills you know